



DAILY PROGRAMME

Zero Waste Schools: From Prevention to the Bin

DURATION 5 days · 25 hours	DAILY SCHEDULE 09:30–15:00 Monday to Friday, with a break for lunch	LANGUAGE English (B1+)
COURSE CENTRES Antalya · İstanbul · İzmir · Mersin · Budapest · Bremen · Rome Dates and cities of the scheduled sessions are listed on the course page.		GROUP SIZE Max 20 participants

Week at a glance

DAY 1 What is actually in the bin	DAY 2 Step one: prevention, and the two streams the law changed in 2025	DAY 3 Step two: preparing for re-use, the step schools skip	DAY 4 Step three: recycling that survives a school, and the Zero Waste Day	DAY 5 Proving it works
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Day by day

Day 1

What is actually in the bin

- **Icebreaker:** "One thing I threw away yesterday" — each participant names a single item and where it ended up; the group sorts the answers into five piles before anyone has been told what the five piles are
- **The waste hierarchy of Article 4:** prevention, preparing for re-use, recycling, other recovery, disposal — and why the order is a legal priority rather than a preference
- Why a school's bins are counted as municipal waste, what the recycling targets are measured against, and which deadlines have already passed
- **Practicum:** a real audit on real waste — sorted by stream, weighed, and written up as a composition rather than a total. What gets audited is the waste this group has actually produced since the morning, so the figures on the sheet are ours rather than a worked example
- **Output:** a completed audit sheet, and the sort-weigh-record method written up so it can be repeated in your own building

Day 2

Step one: prevention, and the two streams the law changed in 2025

- **Warm-up:** "Trace it back" — three items from yesterday's audit, worked backwards to the decision that brought each one into the building
- **What Directive (EU) 2025/1892 added in October 2025:** national food waste reduction targets for 2030 (10% in processing and manufacturing, 30% per capita across retail, food services and households, against the 2021–2023 average), and producer responsibility for textiles and footwear
- **Food waste across a school day:** the plate, the lunchbox, the unopened carton — how it is measured before anyone tries to reduce it, and what a canteen can change without a new contract
- **Textiles as a waste stream:** uniforms, PE kit and the lost-property cupboard, and the separate collection Member States were required to have in place by January 2025
- **Workshop:** each participant writes a prevention list for their own school, ranked by what an audit would actually find rather than by what feels virtuous
- **Output:** a ranked prevention list, with one measure marked as startable alone, this term

Day 3

Step two: preparing for re-use, the step schools skip

- **Warm-up:** "Repair or replace" — five objects from a school store cupboard, and the honest cost of each decision
- What separates re-use from recycling in the Directive, and why one sits above the other
- **Systems that hold in a school building:** lost property that gets returned, a materials library for art and craft, uniform exchange, refill points, a repair table
- **The failure mode, examined properly:** the scheme that lasted one term because one enthusiastic person was carrying it
- **Workshop:** design one re-use system for your own building — where it physically sits, who runs it, what it costs to keep running, what happens when you are not there
- **Output:** one re-use system on a single page, with a named role rather than a named person

Day 4

Step three: recycling that survives a school, and the Zero Waste Day

- **Why the bin by the door fails:** placement, signage, lid shape, and contamination — what a single wrong item does to a whole container
- What your municipality actually collects, and what happens to it after collection — reading that before designing a bin station, not after
- **Workshop:** redesign one bin station in the training venue and test it on the group without explaining it first
- **Building the Zero Waste Day:** date, audience, tasks, roles, materials, and which measures from Days 2 and 3 the day exists to launch
- **Output:** a Zero Waste Day plan with a task list, named roles and a date

Day 5

Proving it works

- **Opening session:** designing the before-and-after — re-running the Day 1 audit protocol as a comparison, choosing what to count, and deciding in advance what the result will not be allowed to claim
- **The bottom of the hierarchy:** other recovery and disposal, the waste that genuinely cannot be avoided, and how to report that honestly instead of quietly leaving it out
- **Peer review in small groups:** each Zero Waste Day plan is read by two other participants, who say what would stop it working; two plans are then worked through with the whole group
- **Output:** a Zero Waste Day plan revised after peer review, with its before-and-after measurement written down
- Course evaluation and discussion of acquired competences
- Certification ceremony

PLEASE NOTE

Sessions run from 09:30 to 15:00, Monday to Friday, with a break for lunch. Timings can shift a little to suit the venue and the group.

Course activities and content may vary depending on participants' needs and the trainer leading the session; any changes are at the trainer's discretion. If there is a specific topic you would like included, please let us know — content-related requests must reach us at least 3 weeks before the course start date so we can confirm them in time.

ISSUED BY

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COURSE PAGE

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