



DAILY PROGRAMME

Environmental Sustainability And Education

DURATION 5 days · 25 hours	DAILY SCHEDULE 09:30-15:00 Monday to Friday, with a break for lunch	LANGUAGE English (B1+)
COURSE CENTRES Antalya · İstanbul · İzmir · Mersin · Budapest · Bremen · Rome Dates and cities of the scheduled sessions are listed on the course page.		GROUP SIZE Max 20 participants

Week at a glance

DAY 1 Foundations of Environmental Sustainability	DAY 2 Ecological, Carbon and Water Footprints — Building Educator Capacity	DAY 3 Transforming Learning Environments	DAY 4 Empowering and Mobilising Youth	DAY 5 Accelerating Local-Level Action, Evaluation and Certification
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Day by day

Day 1

Foundations of Environmental Sustainability

- **Icebreaker:** each participant names one thing they already teach that touches sustainability without being labelled as such, and the room maps how much of the syllabus this really covers
- Introduction and goal-setting with participating teachers
- Presentations of participants' schools
- **UNESCO's Education for Sustainable Development framework:** advancing policy, transforming learning environments, building educators' own capacity, empowering and mobilising youth, and accelerating local-level action — advancing policy as the context for the week, and the other four worked through one a day from Day 2
- Pedagogical approaches for environmental education

Day 2

Ecological, Carbon and Water Footprints — Building Educator Capacity

- **Warm-up:** in pairs, guess which of the three footprints — ecological, carbon or water — your partner's household would score worst on, then compare notes
- Ecological, carbon and water footprint concepts, with classroom activities to teach them

- **Comparing the three side by side:** which one is worth a school's limited time first, and why the answer differs by school
 - Sustainable consumption and production, and how to raise student awareness
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Day 3

Transforming Learning Environments

- Turning footprint data into something the classroom and the building actually use: a running wall display, a termly re-measurement, a number that shows up in more than one subject
 - Case examples of schools that made a single measured number part of how a space or a routine works, not just a one-off poster
 - **Workshop:** designing one way your own school's space or timetable could carry a footprint number forward after this week
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Day 4

Empowering and Mobilising Youth

- Turning a footprint result into something students present to their own peers, not just receive from a teacher
 - **Practical formats for pupil-led sustainability communication:** a short talk, a display, a peer-taught lesson slice
 - Designing your own in-class activity where students calculate, then explain their footprint to another class
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Day 5

Accelerating Local-Level Action, Evaluation and Certification

- Each participant scopes one realistic local-level action for their own school — sized to what one teacher can actually start, not an institutional programme — based on the week's footprint comparison
- **Peer feedback:** another participant checks whether the action is actually startable by one person

- **Course evaluation:** discussion and reflection on acquired competencies, feedback and course content
- Issuance of the Certificate of Attendance

PLEASE NOTE

Sessions run from 09:30 to 15:00, Monday to Friday, with a break for lunch. Timings can shift a little to suit the venue and the group.

Course activities and content may vary depending on participants' needs and the trainer leading the session; any changes are at the trainer's discretion. If there is a specific topic you would like included, please let us know — content-related requests must reach us at least 3 weeks before the course start date so we can confirm them in time.

ISSUED BY

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COURSE PAGE

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