



DAILY PROGRAMME

Basic Competencies for Adult Educators

DURATION 5 days · 25 hours	DAILY SCHEDULE 09:30-15:00 Monday to Friday, with a break for lunch	LANGUAGE English (B1+)
COURSE CENTRES Antalya · İstanbul · İzmir · Mersin · Budapest · Bremen · Rome Dates and cities of the scheduled sessions are listed on the course page.		GROUP SIZE Max 20 participants

Week at a glance

DAY 1 Adult Education and the 2010 Competence Set	DAY 2 Adult Learning Principles and Theories	DAY 3 Communication and Group Dynamics	DAY 4 Choosing and Redesigning Methods	DAY 5 Practical Application and Certificate Ceremony
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Day by day

Day 1

Adult Education and the 2010 Competence Set

- **Icebreaker:** in pairs, describe the last time you were the student in a room and what made you want to stay or leave; the group lists what helped
- Course introduction and sharing expectations
- The Key Competences for Adult Learning Professionals proposed in 2010 (Research voor Beleid, with Glasgow, Thessaloniki and Leiden universities): seven generic competences and six specific ones for work in the learning process
- **Placing your own work on the set:** which competences you use daily, which rarely, which you want to grow
- **Institution introductions:** participants describe their workplaces and the adults they teach

Day 2

Adult Learning Principles and Theories

- **Warm-up:** write one reason an adult might leave a course; the group sorts the reasons into barriers and motivations
- **Adult learning theories:** behaviourism, cognitivism, constructivism and transformative learning, each with a classroom example
- **Three invented adult learners:** each group chooses one and writes their barrier and their motivation

- Motivation and barriers (the 2010 set's "being a motivator"): which theory helps you read your learner, and what helps adults take an active part in their own learning
 - **Group work:** practical applications of theoretical knowledge to your chosen learner
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Day 3

Communication and Group Dynamics

- **Warm-up:** give the same instruction to a partner twice, once so it sounds like school and once as one adult to another
 - Fundamentals of communication and communication strategies for learning groups (the 2010 set's "communicator, team player")
 - Groups whose members differ in age, background and experience (the 2010 set's "dealing with heterogeneity and groups"): how the same instruction is read differently in different countries and education systems
 - **Role-playing:** a difficult moment in an adult group (a late arrival, a dominant speaker, a silent learner), with colleagues playing the learners
 - Adding to your learner's page what you would say and do
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Day 4

Choosing and Redesigning Methods

- Overview and selection criteria of adult education methods (the 2010 set's "designing the learning process"): does it fit the barrier, respect the learner's experience and fit the time
 - **Group work:** try two methods briefly and compare them against the criteria
 - **Individual and group-based learning methods:** what each asks of the learner
 - Redesign one of your own sessions for your chosen learner: barrier, motivation, theory and method written side by side
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Day 5

Practical Application and Certificate Ceremony

- Ten-minute trial of your redesigned session on colleagues, in small groups
- **Feedback in each group:** one thing that worked, one thing to try
- **Your next step:** one competence to work on, one change to make first, and what you can do alone, with a colleague or must ask your organisation for

- General assessment and feedback on the course
- Certificate ceremony and closing speech

PLEASE NOTE

Sessions run from 09:30 to 15:00, Monday to Friday, with a break for lunch. Timings can shift a little to suit the venue and the group.

Course activities and content may vary depending on participants' needs and the trainer leading the session; any changes are at the trainer's discretion. If there is a specific topic you would like included, please let us know — content-related requests must reach us at least 3 weeks before the course start date so we can confirm them in time.

ISSUED BY

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COURSE PAGE

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