



COURSE DESCRIPTION

Cultural Heritage: Rome

Explore Rome's UNESCO cultural heritage and learn to bring European identity and heritage into your classroom, in 5 days.

DURATION 5 days · 25 hours	LANGUAGE English (B1+)	GROUP SIZE Max 20 participants
DAILY SCHEDULE 09:30–15:00 Monday to Friday, with a break for lunch	AUDIENCE All school levels No prior knowledge required.	CERTIFICATE Attendance + Europass Mobility
COURSE CENTRES Rome Dates and cities of the scheduled sessions are listed on the course page.		

01 Overview

Rome's Ancient, Papal and Baroque layers each get their own field day, and each day teaches a method — observation, spolia-reading, workshop synthesis — that feeds directly into one project you build across the week.

- **Monday** — you work through heritage typologies and curriculum-integration strategies, and form your working group.
- **Tuesday** — you practise structured outdoor-education observation among the Colosseum and the Imperial Fora.
- **Wednesday** — you start in Trastevere, reading spolia — reused ancient material — through a heritage scavenger hunt, then visit St Peter's in the afternoon (mornings are closed for the Papal General Audience).
- **Thursday** — you walk Baroque Rome, from the Pantheon to Piazza Navona, and turn the week's field material into a draft classroom activity.
- **Friday** — you present your Curriculum Integration Project with peer and expert feedback.

You go home with a Curriculum Integration Project built from three field days, and a heritage scavenger-hunt template adaptable for your own school trips. Modest dress is required for St Peter's Basilica on Day 3; tell us in advance if you would like the interior visits booked.

02 Course description

This course explores cultural heritage as a foundation of shared European identity, aligned with the EU's commitment to protecting and promoting cultural heritage. Participants examine strategies for integrating cultural heritage into lesson plans, then apply this directly across three consecutive field-study days that move through Rome's Ancient, Papal and Baroque layers — from the Colosseum and the Imperial Fora, to St Peter's and Trastevere, to the Pantheon, Piazza Navona and Rome's Baroque churches.

Each field day is built around a specific teaching method, not simply a guided walk. On Day 2, participants practise structured outdoor-education techniques — observation, sketching, field-noting — among Ancient Rome’s ruins. On Day 3, they use spolia, the reuse of ancient material in later buildings, as a lens for a hands-on heritage scavenger hunt in Trastevere, designed to be adapted directly for school trips. Day 4 closes with a workshop that turns the week’s photographs, sketches and field notes into a draft classroom activity. Every observation participants make on-site feeds directly into the Curriculum Integration Project they build across the week and present, with peer feedback, on the final day — the three field days are the practical engine of the course’s learning outcomes, not a break from them.

03 Learning outcomes

- 01 Apply structured outdoor-education techniques — observation, sketching, field-noting — to turn any heritage site into a teaching resource.
- 02 Use the concept of spolia — material reuse across centuries — as a ready-made classroom lens for teaching cultural continuity and change.
- 03 Integrate cultural heritage topics into lesson plans, using digital mapping and QR-code tools tested during the course.
- 04 Take home a complete Curriculum Integration Project, developed across the week and refined through peer feedback, ready to adapt for your own classroom.

04 Methodology

Field-Based Pedagogy, Not Sightseeing

each of the three field days models a specific teaching technique — structured outdoor-education observation on Day 2, a spolia heritage scavenger hunt (adaptable for school trips) on Day 3, and a hands-on workshop turning field material into a draft lesson plan on Day 4 — so participants practise the methods they will bring home, rather than only watching a guide.

Three Layers of Rome, Three Field Days

Day 2 stays inside Ancient Rome's compact civic and religious core — the Colosseum, the Imperial Fora and Capitoline Hill. Day 3 moves to Trastevere and St Peter's, a separate part of the city shaped by a later, Christian era. Day 4 is a dedicated Baroque day — the Pantheon, Piazza Navona, and Caravaggio's and Borromini's work — so participants experience Rome's Ancient, Papal and Baroque layers as three honest, separate days rather than one impossible walking loop.

Digital Tools Workshop, Before the Field Days

a dedicated Day 1 session on interactive mapping platforms and QR-code-based instructional tools, held before the field days so the tools are already in hand for the Day 3 scavenger hunt.

Sensitivity and Responsibility Through Material Reuse

structured reflection sessions — including a dedicated debrief built around the week's photographs, sketches and field notes — turn what participants observe on-site, especially evidence of how ancient material has been reused and reinterpreted across later centuries, into classroom-ready awareness-building, not just a description of what was seen. The debrief also covers photographing a living neighbourhood like Trastevere respectfully, and teaching students to do the same before any comparable trip.

A Curriculum Integration Project From Day One to Day Five

the course launches a Curriculum Integration Project in transnational working groups on Day 1, refines it with material gathered across the three field days, and closes with group presentations and peer feedback on Day 5 — so the outcome is a concrete, ready-to-adapt classroom resource, not only a certificate.

Day 1

Theoretical Foundations & Curriculum Integration

- **Icebreaker:** each participant names a heritage site near their own school and what their students already believe about it — the axis the whole week runs on: assumption versus what you actually find on-site
 - Introducing participants' schools and the course
 - **Heritage typologies:** tangible, intangible, digital and natural heritage, with UNESCO case studies from Rome and from participants' own countries — preservation vs. educational exposure, and the European comparison the week builds toward
 - **Curriculum integration strategies:** horizontal and vertical approaches to bringing heritage into school subjects
 - **Digital tools workshop:** interactive mapping platforms and QR-code-based instructional tools
 - **Capstone briefing:** introducing the week-long Curriculum Integration Project, formation of transnational working groups
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Day 2

Field Study I — Ancient Rome and the Imperial Centre

- Colosseum exterior and the Arch of Constantine — itself built from reliefs and sculpture taken from earlier monuments, a first piece of spolia a full day before Wednesday's hunt — Ancient Roman engineering and imperial propaganda, read as primary sources
 - The Imperial Fora of Caesar, Augustus and Trajan, along Via dei Fori Imperiali
 - **Capitoline Hill (Piazza del Campidoglio):** the administrative, legal and religious nucleus of Ancient Rome
 - **Practicum:** structured outdoor-education techniques — observation, sketching, field-noting and historical-empathy exercises, practised on-site
 - **Field reflection:** connecting today's observations to the Curriculum Integration Project
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Day 3

Field Study II — Vatican Heritage and Trastevere

- **Trastevere:** a historic district preserving its medieval urban fabric, and Rome's intangible heritage
 - **Field task:** a structured heritage scavenger hunt — participants identify and document spolia in small groups, pinning finds to the Day 1 mapping tool as they go, feeding directly into the Curriculum Integration Project and designed to be adapted directly for school trips
 - St Peter's Square and Basilica (afternoon — mornings are closed for the Papal General Audience): Bernini's colonnade, architectural scale, and masterworks including Michelangelo's Pietà
 - **Spolia in practice:** examining how ancient architectural material has been reused and reinterpreted across later centuries
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Day 4

Field Study III — Baroque Rome

- The Trevi Fountain, the Pantheon and the theatrical urban planning of Baroque Rome
- Piazza Navona and Bernini's Fountain of the Four Rivers, on the site of the ancient Stadium of Domitian

- Caravaggio's paintings at San Luigi dei Francesi, and Borromini's architectural innovation at Sant'Ivo alla Sapienza
- **Workshop:** structuring the week's field material — photographs, sketches and notes — into the next draft of the Curriculum Integration Project

Day 5

Capstone Presentations, Evaluation and Certification

- Group presentations of the Curriculum Integration Project, with peer review and expert feedback
- Course evaluation and dissemination planning for Erasmus+ reporting
- Distribution of the digital learning repository and reference materials
- Awarding the Certificate (Attendance + Europass Mobility)

PLEASE NOTE

Sessions run from 09:30 to 15:00, Monday to Friday, with a break for lunch. Timings can shift a little to suit the venue and the group.

Course activities and content may vary depending on participants' needs and the trainer leading the session; any changes are at the trainer's discretion. If there is a specific topic you would like included, please let us know — content-related requests must reach us at least 3 weeks before the course start date so we can confirm them in time.

06 Materials

- Interactive mapping platforms and QR-code-based instructional tools, tested hands-on during the Day 1 digital workshop
- A digital learning repository, distributed on Day 5, with instructional resources and reference materials from the course
- A structured field-task template (the heritage scavenger hunt) for documenting spolia, adaptable for school trips
- Field-note and sketching materials for practising outdoor-education observation techniques on-site

07 How to prepare

- Modest dress (shoulders and knees covered) is required for St Peter's Basilica on Day 3.
- If you would like to visit the interior of the Colosseum, the Roman Forum, the Vatican Museums or the Pantheon, let us know when you apply and we can book the tickets for you in advance, as availability is limited in peak season. The daily schedule is planned to leave time for these optional visits where possible.

08 After the course

- Participants will receive their Certificate of Attendance and the co-signed Europass Mobility document.
- Participants will complete a general course evaluation and event survey.
- Participants will receive course materials, videos, photos, and PDF documents in both digital and print formats.
- Follow-up support: self-evaluation materials are provided. Depending on the group, an email group may be set up so that participants can keep exchanging ideas.

09 Why this is Erasmus+ eligible

This mobility supports the Erasmus+ Key Action 1 School Education objective of "promoting knowledge about shared European heritage and diversity", and the horizontal priority on participation in democratic life, common values and civic engagement, which highlights participants' understanding of "their social, cultural and historical heritage". Through structured sessions and three field-study days across Rome's Ancient, Papal and Baroque layers — the Colosseum exterior and the Imperial Fora, St Peter's Basilica and Trastevere, the Pantheon and Piazza Navona — participants gain first-hand material to bring intercultural dialogue and Europe's layered cultural identity into their own classroom.

10 What the course fee covers

INCLUDED IN THE COURSE FEE

- 25 hours of training and course materials
- Certificate of Attendance + Europass support
- On-site local support throughout the week

ARRANGED SEPARATELY BY THE PARTICIPANT

- Travel to the host city — invitation letter on request
- Accommodation — we share recommended options
- Travel & health insurance

ISSUED BY

Erasmus Mobility Academy

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COURSE PAGE

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ABOUT ERASMUS MOBILITY ACADEMY

Erasmus Mobility Academy (OID: E10304561) is an Erasmus+ training provider offering professional development courses for educators, school staff and youth workers across Europe. Our courses are designed for international mobility — open to participants travelling from a country other than the host country — and support schools in building lasting institutional capacity. We provide structured learning, logistical guidance and certification with Europass.